

**University of Minnesota**  
**Center for Magnetic Resonance Research**  
**Policy**  
**Patient and Volunteer Scrub/Gown Policy**

Policy Number / Version: POL005 / Version 1

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Author/Owner: Jeramy Kulesa

<b>Approval Signatures</b>	<b>Date</b>
Author/Owner:	
Regulatory Compliance Coordinator:	
Center Director:	

**1. Purpose**

The purpose of this policy is to define CMRR's patient and volunteer gowning requirements.

**2. Scope**

This policy will apply to all human scans taking place at CMRR.

**3. Responsibility**

It is the responsibility of all personnel who perform the functions listed in Section 2 to adhere to this policy.

It is the responsibility of the owner/author listed above to review the content of this policy for accuracy and continued applicability on at least an annual basis.

**4. Policy**

All research subjects and patients, except in a limited number of cases, are required to wear CMRR-provided scrubs or gowns during MR scans. Policy exemptions will only be made for study populations whose physical or mental status make changing into scrubs/gowns a significant burden.

**Gowning Process**

The MR Safety Screener is required to ask a subject/patient to change into a gown or scrubs before starting a scan. Subjects/patients are allowed to wear personal undergarments, but the MR Safety Screener is required to ask whether undergarments are anti-odor or contain glittery material. In affirmative cases, the undergarments must be removed or the scan cancelled. The MR Safety Screener will inform women of the possibility of heating and/or movement of metal in the underwire or clasps of bras.

Designated changing rooms with lockers can be found throughout the building (1-122, 1-206E, 1-302A). These rooms cannot be reserved and should only be used for changing. Rooms that can be reserved for consenting or experimental tasks can also be used as changing rooms (1-143, 1-206C, 1-206D, 1-123), but **should not be reserved for changing purposes**. Restrooms and curtained areas near the 3T's (1-135 and 1-120K) can also be used as changing rooms as needed.

Scrubs (sizes s-xl) are located in each changing room and are stocked daily. Child-sized, xxl, and xxxl scrubs are housed in the central linen supply closet outside of the 7T/AS.

### **Policy Exemption Request Process**

Policy exemptions are reviewed and approved by the CMRR Safety Committee on a study by study basis. Exemption requests, along with justifications should be sent to Jeramy Kulesa ([ande2445@umn.edu](mailto:ande2445@umn.edu)). Exemptions will not be made for healthy volunteers.

## **5. References**

## **6. Appendices / Tables**

Changing and consenting room map

## **7. Revision History**

Version Number	Approval Date	Change from Previous Version

